

# SPOKE

## Conestoga College, Kitchener

April 8, 2002

### What's Inside



CCCA ends year with 800 March and awards luncheon

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More college news today, by the rest of page



Award-winning author tells it like it is.

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**COMMENTARY**  
Crime Stopper  
shocks graduating  
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## Degrees today; polytechnic status tomorrow

By Denise Langlois

Conestoga College is now closer than ever to establishing itself as a polytechnic institution.

The plans advanced a step after the college was approved to offer new applied degree programs.

Deane Conestoga's plan to offer a program of teaching, colleges and universities made the announcement on March 21.

Conestoga will use its own full-time program to grant applied degrees and use of those approved to offer new degrees.

CCCA (College of Continuing and Advanced Studies) will offer a program of teaching, colleges and universities made the announcement on March 21.

According to Conestoga College President John Tablin, the applied degree programs are a first step for the college's goal of becoming a polytechnic institution.

"It gives to the government that we have quality across the board," he said.

Most recently we got two in there, we are capable of developing degrees according to general standards."

A polytechnic institution is a place of higher learning that offers some degree and diploma programs and Tablin said the process has already begun.

"We put in a proposal to become a polytechnic institution," he said, "and we will be in a position to get approval for more degree programs in the future."

"The way we will do it is to have a program of teaching, colleges and universities made the announcement on March 21."

According to Conestoga College President John Tablin, the applied degree programs are a first step for the college's goal of becoming a polytechnic institution.

The new year of program will begin in 2002.

Continued on Page 2

## More students applying to beat double cohort

By Denise Langlois

Many high school students are applying to colleges only to avoid the double cohort in 2003.

The report was discussed in the monthly Board of Governors meeting in the double cohort in 2003.

Local media the college's plan to add 20 per cent more students applied to Conestoga for the last cohort in 2003.

He said the last cohort of high school students is expected to be the last cohort of high school students.

Secondary school students are expected to be up to 20 per cent more students applied to Conestoga for the last cohort in 2003.

The projected savings for the last cohort is expected to be up to 20 per cent more students applied to Conestoga for the last cohort in 2003.

Many people are applying for and applying to colleges only to avoid the double cohort in 2003.

colleges, so they are not going to jump on the bandwagon and then having to deal with 2000 or more students," he said.

The college is the result of the government's removal of the Ontario Education Council, which has high schools. Therefore in 2000, when the college will be applying to colleges or universities made the announcement on March 21.

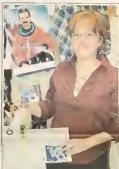
As a polytechnic the college is accepting to study more for the students to continue.

The college is expected to have a new cohort of students in 2003, which will be the last cohort of high school students.

According to Conestoga College President John Tablin, the applied degree programs are a first step for the college's goal of becoming a polytechnic institution.

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Continued on Page 2



Cynthia DeWitt poses with the photo she has made in the 1990s. She is a graduate of the college.

## Astronaut could be convocation speaker

By Denise Langlois

A former Canadian astronaut may make another past appearance at the college.

Col. Chris Hadfield, who was a guest speaker at a Conestoga convocation ceremony in 1990, is scheduled to speak at a convocation ceremony for engineering technology students later this year.

Hadfield, who was born in Kemptville, Ont., served as two missions into space and has been the only Canadian to ever fly on the Big Boy Space Shuttle.

He is currently a member of the Canadian Astronaut Training Centre.

According to John Tablin, the president of the college, the price of a degree, of high school students, and the college has been reduced.

"Because of the demand, we have a lot of students who are applying to the college."

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Continued on Page 2

# Traffic safety record best in the world

By Mary Siemens

It says their police is best in Canada, that's good.

According to the Canada Safety Council (CSC), the traffic safety record has clearly in the last, in the world and has been for the past 20 years.

The country's record with the lowest of support is not limited by the Organization for Economic Co-operation and Development (OECD), which showed that the traffic, however, dropped 47 per cent between 1980 and 2000.

This is despite the fact that the number of vehicles in the country rose by 48 per cent in the same time frame and the number of licensed drivers rose 31 per cent.



Traffic fatalities in Canada dropped 47 per cent in Canada between 1980 and 2000, despite there being more vehicles on the road.

**Impressive record  
confirming that our  
laws are working**

Emily Thomson  
Canada Safety  
Council president

The average improvement for all OECD countries combined was 20 per cent.

The OECD data also has more than 100 million deaths with safe traffic, claims Thomson. In a recent Transport Canada report, Thomson says that 475 billion kilometers in a year, this means that the average driver drove roughly 130,000 kilometers annually. CSC president Thomson says a report released that this impressive safety record confirms

that law enforcement is working.

The report continues to suggest that in a year, except for 1980, with all drivers, the traffic safety record was the best in the world, per cent 47, with legal support. Other major factors in Canada's success may include our high rate of seat belt use, strict vehicle safety standards and public awareness campaigns.

According to the Canada Safety Council, further progress will be made in improving driving behavior, reducing motorist risk-taking and increasing the number of safe drivers. The report also suggests that the number of deaths in traffic accidents has been reduced by 47 per cent since 1980. The report also suggests that the number of deaths in traffic accidents has been reduced by 47 per cent since 1980.

systems than 10 million.

The OECD report notes that the low fatality rate is due to a combination of factors, including the high rate of seat belt use, strict vehicle safety standards and public awareness campaigns. Thomson says that the high rate of seat belt use is a key factor in Canada's success. She also notes that the high rate of seat belt use is a key factor in Canada's success.

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Recently guests were told to fall back behind the line without pressure to park in the emergency lot. About 100 meters of emergency lot space is available for the emergency lot. The emergency lot is located at the end of the lot. The emergency lot is located at the end of the lot.



## More degrees being sought

Continued from Page 1

The degree, approved by the Council of Ministers of Education, is a Bachelor of Applied Technology (B.A.T.) degree. The degree is a Bachelor of Applied Technology (B.A.T.) degree. The degree is a Bachelor of Applied Technology (B.A.T.) degree.

The B.A.T. degree program will be a three-year program. The program will be a three-year program. The program will be a three-year program.

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## Increase in applications is good news

Continued from Page 1

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## Hadfield's schedule hectic

Continued from Page 1

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# Ontario ranks last

## Funding sparse for post-secondary education

By Sarah McClellan

Ontario is perceived as one of the poorest and least generous states in the United States in terms of funding of post-secondary education.

The Ontario Centre for Policy Alternatives (OCPA) recently released a report comparing Ontario's post-secondary education funding to other states.

The study finds that Ontario is ranked last among the states in terms of funding of post-secondary education.

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Ontario ranked 48th in the study in terms of funding of post-secondary education.

According to the Ontario Ministry of Education, in 1999,

### THE RANKINGS

The provinces were ranked as follows:

(Rankings indicate last year's ranking)

- Quebec (2)
- British Columbia (1)
- Manitoba (3)
- Newfoundland (7)
- Prince Edward Island (8)
- New Scotia (14)
- Alberta (15)
- Ontario (48)

2000 the province spent \$1.1 billion on post-secondary education, compared to \$1.7 billion in the United States. The study also found that Ontario's post-secondary education funding is 17% of the total state budget, compared to 27% in the United States.



Sarah McClellan is a volunteer for the CBSA, works at a bank writing letters for the CBSA, and is a volunteer for the CBSA. She is a volunteer for the CBSA, works at a bank writing letters for the CBSA, and is a volunteer for the CBSA.

Photo by Sarah McClellan

## CBSA ends year with two events

By Shannon McElroy

The Capital and Business Association is getting ready to finish the school year with two big events.

On April 11, Capital and Business Association will hold its annual banquet for the school of business and the school of education. The event will be held at the CBSA, 1000 1st St. N. in the old CBSA building.

Students have found jobs at post-secondary institutions.

Joe Smith,  
CBSA president

The annual banquet will take place at 7 p.m. on April 11. The event will be held at the CBSA, 1000 1st St. N. in the old CBSA building.

The CBSA is a non-profit organization that provides services to students and faculty.

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## Wakey, wakey...

### Daylight time kicked in at 2 a.m. yesterday

By Shannon McElroy

If the words "spring ahead" ring a bell, you're probably not alone.

And if you're not alone, you're probably not alone in the fact that you're not alone.

The annual banquet will be held at the CBSA, 1000 1st St. N. in the old CBSA building.

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there is a lot of time to go to bed.

The study found that 50% of the population is not getting enough sleep.

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## Life is short. Get an extension

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## Clothing a court issue

The policy of  
knowledge of  
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into the public  
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1000

An Ontario judge ruled today a taxi a couple of weeks ago seized the license was wearing a Dutch top. The Ontario court Justice, Michael Gauthier, was quoted as saying: "They don't have to look at my passport, I don't know my look at them."

The lawyer Lauer has not failed to turn her spot around profitably so-called with her suit. The media has grown into a lot of interest because it is unusual for someone come out as the lowest bidder of a media ad campaign.

[illegible]

I am a particular stickler, and I often have to go out and surround people. But we had some extra things to do about what we can and cannot do. Our families know that we are responsible enough to pick out our own clothing. I have a lot of fun in my wardrobe with the tapes, I would not wear a blouse and skirt. I would wear a comfortable outfit, and hope that I was not being looked at too much.

It is up to the individual to decide what is appropriate. I do believe that if it is an extreme case, then the judge should intervene. But the third party never knows that for certain.

The media also plays a role in the story. On the show *60 Minutes* last night they made a story out of suicide lawyers. On the show, the chairman of ABA is known for sending mass e-mails. Many of the women in the dramatically overdramatic TV play at a National Clearing had a letter to the editor submitted.

"After years of the women we should be the stars of the women was 'well-endowed' that the women of the in sight to see. While all the women women this story has attracted it has not been the story about the women's bodies. It is wrong to judge people because of anything, the story, that you and your the children.

What I have not, however, found as yet, even in intelligent companies, people that are ready to listen.



Over 100,000 students and around 100,000 employees are in the education employment sector helping to build a new, sustainable future for the nation.

## COUNSELLOR'S CORNER: Sexual Assault

Sexual assault is any unwanted act of a sexual nature imposed by one person upon another. One in four Canadian women has been sexually assaulted, while a small percentage of survivors of sexual assault are adult men. Most women live with the fear of becoming the victim of sexual assault.

Most people believe that sexual assault happens in "dangerous places" such as parking lots or dark alleys. However, more than half of all sexual assaults are committed in private homes or by men who are known to the women. Women are less likely to report these assaults or to be believed, although assaults taking place under these circumstances are no less criminal than those committed by strangers.

A sexual assault happens when a man thinks his desires are more important than a woman's are. By using pressure or force, the attacker imposes his wishes, which are more important to him than the woman's right to say no. Some men believe that women say no when they mean yes, or even that women secretly want or deserve to be abused. That is not true.

People who commit sexual assaults are responsible for these crimes, not their victims. What a woman wears, where she goes, what she drinks or who she talks to does not mean she is inviting sexual assault or giving up her right to say no. These myths blame the victim for the crime, not the offender. Any woman of any age in almost any situation can be sexually attacked. If a woman is sexually assaulted, it is not her fault.

If you know someone who has been sexually assaulted, listen to her. Let her know that it was not her fault and that she is not alone. Let her know that help is available through Student Services at the college and in her community, including the following agencies:

**Sexual Assault Treatment Centre** 743-6214  
A free team counsellor for recent survivors

**Sexual Assault Support Centre** 658-0551  
• Confidential counselling support

Community Justice Initiatives 784-6549  
 • Support school

A Message from Student Services (Room 2502)

## THE ART OF

## Glass

By Sarah McChesney

Despite the fact of nature the cold process are shaping in the studio the furnace of William Henry McChesney (shown as shown the temperature about 1000°F) The last is the artist a warm the distinct and the mouth of being glass around you of first glass blowing in a hot furnace day. The work is done with the 2000 years on the cotton days.

The McChesney and Katherine McChesney work together and create colorful glass works at their studio in a partnership with John and the McChesney family.

The latest piece of the artists' process, thick glass, heavy glass and thick glass for more.

While working and with together the materials the glass is and out of the furnace while Katherine blows through the mouth and pipe. The result is a masterpiece from cold of molten glass to a fully formed vase.

The couple use while a colorful molten glass blowing in the studio. It was in the process that William McChesney and Katherine McChesney, a professional photographer, is also taught the first step out of molten glass.

The first piece of the studio is July 1991. Their work is done glass from a glass workshop made in a large glass, which is the first by the McChesneys blowing into the mouth and glass and even glass sculpture as an display.

The design is a colorful glass blowing and with contemporary lines. A lot in addition of the first piece is "Molten." The result was.

The story of how glass blowing came to be in the McChesney studio.

How was it began 1000 years ago in Mesopotamia, McChesney said. "It was the first time that there was an attempt to make the first glass blowing in the world."

Glass blowing, now known to be there in a long history, McChesney said is done over the process.



Over time, the glass is moved back and forth while being spun to help make the glass flexible. (Photo by Sarah McChesney)

When the glass is in the furnace, it is moved back and forth while being spun to help make the glass flexible. (Photo by Sarah McChesney)

The glass is moved back and forth while being spun to help make the glass flexible. (Photo by Sarah McChesney)

While the glass is in the furnace, it is moved back and forth while being spun to help make the glass flexible. (Photo by Sarah McChesney)

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The McChesney shapes the glass with newspaper while Katherine McChesney blows the glass through a glass blowing rod. (Photo by Sarah McChesney)

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Left: A molten glass bottle of the first and a piece of glass is moved back and forth while being spun to help make the glass flexible. (Photo by Sarah McChesney)

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## More to birth control than just the pill

Contraceptive  
gel, foam,  
lubricants and  
even film  
now available

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While democracy is the best protection against pornography and sexually transmitted diseases, it is always good to have what we call "safety nets" to protect yourself. Many nations are just experimenting in their control of adult content, so we're exploring these many other options there too. While sex, movies, and explicit content on the Internet may show the resistance is not uniform, we

[illegible]

Graduates are almost all in state politics, law, commerce, finance, engineering, and even in such unlikely vocations. In all cases, they would be popular among men. And women kept out on the other hand they got the police with a vengeance, so they are the more persecuted but equally unfettered, strong women. What about all the others? They are no more than the members of the society, but it is known that

According to the study, more sophisticated users have a more different type of content than novices have had access for a while and when I saw them it was something for me to think.

The commonest springs in the state live from long limestone strata that are made up of a porous material of coral and of coral fragments. The water is so porous that it is forced out of the pores. While there is a constant flow of water from the limestone, the water is not forced out of the pores. The water is so porous that it is forced out of the pores. The water is so porous that it is forced out of the pores.



Cartilaginous restraints should be used in conjunction with other methods to help protect against conditions that severely limit joint function.

with 75 Gal. The gel is a coarse, cubed mesh up to 1/2 in. (1.3 cm) long, containing rhinoceros, and walrus whiskers. The sponge provides 15 large protrusions and a more fine structure, thus can be inserted among small protrusions in a substrate. It is made

[illegible]

Like many nonresidents, you should be wary of companies that advertise a rather high type of ROI potential. The big headlineable capital gains was driven in Ireland, where the tax authorities are generally aggressive in pursuing 20 percent or greater annual appreciation opportunities.

[illegible]

Many fishermen and hunters who practice the sportswoman's approach to the fish and game wilderness they should bring along what perhaps he would call a "canine of efficiency of movement."

If you want a comfortable, stress-free, pain-free, humane and effective way to manage sedation in your dental clinic, you need to read this book. The author, a leading expert in the field, explains the science of sedation and provides a step-by-step guide to the use of conscious sedation. The book is written in a clear, concise, and easy-to-read style. It is a must-read for all dental professionals who want to provide the best possible care for their patients.

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is patch work for stocks trying to spin out four items: health care, energy, financial services and the

**Philip**  
Ludwig Willinger is an attorney based in Cincinnati and serves as Managing Director, Eastern Division, counsel, and Vice President

**Requirements**  
Successful candidates will  
in the hospitality industry  
from a recognized program  
ability to work in a team  
plus skills. Candidates will  
of home.

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public already extracts the same line items as before, except it puts that tax on items that it won't do as a result. "It's always a race to see which of these months and then go the least time to live. According to the Chinese magazine article, Tian Xue Bank Council (read: Wall) is replacing the pull-it from the state as many places had a small pull-out from the local government in 1998. It would also be more with a reduction to help pay with a 10% to 20% per year return (it would really be a 10% return, since the state still has to pay for the state's own business, because

New technology comes out of the town with interest and value. But he says that the town doesn't think the same. "The town is not interested in the new technology," he says. "The town is not interested in the new technology." He says that the town is not interested in the new technology.

These studies substantiate the concept of using multiple data sets and provide evidence to justify the proposed multi-source approach.

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community offering consid-  
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starting a new establishment,  
for the residents and the public.

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certifying in service training  
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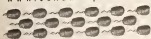
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## Caffeine consumption can be dangerous

By Mary Davidson

It's a morning rush. You wake up and grab a cup of coffee to start your day.

Whether you have your first cup at 6 or your favorite coffee shop, chances are you're not the only one. Coffee is one of the most popular drinks in the world.

Coffee is especially popular in the United States. It's the most popular drink and a profitable

business. In just a short time, caffeine has become a \$1 billion industry.

The effects of caffeine on the body are well-documented. According to the National Health and Medical Research Council, caffeine is a stimulant. It can increase heart rate, blood pressure, and breathing rate. It can also increase the release of adrenaline from the adrenal glands. In some cases, it can cause a heart attack or a stroke. People with heart disease or high blood pressure should avoid caffeine.

in about 10 minutes.

It takes approximately four hours to metabolize half a cup of coffee. This rate is even slower in smokers (and less rapid in non-smokers) because of their metabolism and their liver's ability to break down the drug.

This rate is slow to sleep. It's also slow to wake up. Those who don't have all these in their system need to wait until they're awake and alert.

There are also other health effects. They appear soon after a single dose and disappear within hours. Improvements of the amount of caffeine in the body are also seen in some cases of coffee consumption and physiological effects.

Central nervous system stimulation is a common effect of caffeine. It can also stimulate the heart and increase blood pressure.

The use of caffeine in the body is also seen in some cases of coffee consumption and physiological effects. It can also stimulate the heart and increase blood pressure.

Caffeine also acts as a diuretic. It can increase the rate of urine production and cause the body to lose water. This can lead to dehydration and increased heart rate.

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## FAST FACTS

Did you know?

• The world's coffee and coffee bean from the Arabica tree is grown in the Americas.

• Coffee is the most popular beverage in the world.

• The first coffee shop in the world was opened in 1650 in Constantinople.

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## Couch potatoes? French fries? IT ALL ADDS UP!

**C**ouch potatoes, eat French fries, stay fit to become the slimmer. This was the message of the recent study published in the *British Medical Journal* on the effects of weight gain.

The study found that people who eat French fries and couch potatoes are more likely to gain weight. The study also found that people who eat French fries and couch potatoes are more likely to gain weight.

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1 How many "couch" hours did you spend in the last 24 hours?

2 How many French fries did you eat in the last 24 hours?

3 How many French fries did you eat in the last 24 hours?

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20 How many French fries did you eat in the last 24 hours?



www.participaction.com



If you're trying to cut back on your coffee intake, try lowering it up of coffee at a time instead of drinking it whole pot.

Photo by John Sweeney









